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EDMONTON • WEDNESDAY, FEBRUARY 18, 2009

metronews.ca

Sports pg 8

Free agent running back Lumsden joins Eskimos



# Scammers target lonely

VICTORIA HANDSIDES  
victoria.handsides@metronews.ca

**When a recently divorced Edmonton woman met a gorgeous younger man on an Internet dating site, an overwhelming sense of flattery veiled any suspicion he was capable of breaking her heart and draining her bank account.**

The shamed victim, who does not want to be identi-

**"You begin to love that person and believe them, no matter what they say."**

Victim who did not want to be identified

fied, joins a list of vulnerable area women conned out of almost \$300,000 in the past few months by Nigerian scammers trolling popular dating websites.

"They don't tell you bad stuff — they tell you good stuff, and that's what

everyone wants to hear," she said yesterday.

The man she fell for claimed to be a wealthy American businessman, dealing in antiques in Nigeria. She ended up sending him thousands, after his he claimed his son was in a terrible car accident, un-

derwent three surgeries, and eventually died.

She said that while, at first, she refused to give him money, his insistence and promises they'd meet in person, combined with inescapable loneliness was enough to mask any possible foreshadowing.

"It feels like an addiction after a while," she said. "You begin to love that person and believe them, no matter what they say. You just keep doing it, and it's

very hard to stop."

Though police have received a number of complaints about the "highly sophisticated" scam, there's little hope of catching the crooks or recovering any cash.

"They know how to cover their tracks," said EPS economic crimes Det. Mark Johnson, who added though it's certain her money was collected in Nigeria, it's impossible to tell by whom.

**Joint climate deal must work for Alberta: Stelmach**

JEFF CUMMINGS  
jeff.cummings@metronews.ca

**OBAMA** A climate-change agreement between Canada and the United States must include reductions in greenhouse gas emissions at levels that work for Alberta's economy, said Premier Ed Stelmach yesterday.

"We want to see reductions in greenhouse gas emissions through investment and technology," Stelmach said about Prime Minister Stephen Harper's planned meeting with President Barack Obama tomorrow.

"We don't want to be shouldering all of the burden as Albertans because we only have a small population of three and a half million people."

Stelmach also said he has concerns over American protectionism by decision makers in the U.S. over the economic stimulus package.

And after talking with Harper last week, Stelmach said the prime minister has promised to make it an issue during the meeting.

**ShareYourViews**

edmontonletters@metronews.ca

## Riding the Recession

**Looking for ways to save money and ride out the economic storm? For the next six weeks, Metro will share advice on how to cut down on expenses and navigate your way through the recession.**

### Travel

- How 'recession chic' and bargains are replacing hedonism in the world of travel, pg 11

### This week

- Food — Local meals for a steal
- Style — Looking on the bright side of fashion during New York Fashion Week

## Flag Day Lieutenant-governor hosts school children



Alberta Lt.-Gov. Norman Kwong and his wife, Mary, speak to Grade 5 students from Mt. Carmel and Grandview elementary schools, yesterday morning. The students were on a field trip to see the historical building and participate in Flag Day-themed activities.



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**Missed your bus? Google the next one**

Transit users can now plan their trips with a few button clicks on their BlackBerrys and iPhones with Google Transit. The service maps the quickest transit routes, and is equipped with walking maps, schedules and transfers. **METRO EDMONTON**

# Local



## Not-for-profit funding boosted

Summer job seekers at not-for-profit agencies will be given an extra boost this summer. The provincial government has added \$1.9 million to its Summer Temporary Employment Program, further subsidizing wages for short-term employees. More than 2,100 positions will be created this year, over 450 last year.

**METRO EDMONTON**

### Teen cleared of dumping baby

**NEWBORN** A 17-year-old girl accused of concealing the body of a newborn baby that was dumped in woods near Stony Plain last spring will not face charges.

The full-term baby boy was discovered by a man walking his dog on a wooded path in April 2008.

Another 17-year-old girl was charged with failing to obtain medical assistance during childbirth and concealing the body of a child, and plead guilty to the charge in October.

### Monday crash victim identified

**DEATH** A woman who died in a collision on 118 Avenue Monday morning has been identified as Colleen Cappo.

The 31-year-old woman was in the passenger's seat of a stolen car that was tracked to 30 Street and 118 Avenue through OnStar.

One of two men in the vehicle is facing charges. It's alleged he stole the car from his girlfriend earlier Monday morning.

**METRO EDMONTON**

## Getting girls into science

**JEFF CUMMINGS**  
jeff.cummings@metronews.ca

A group of scientists at the University of Alberta are trying to get young girls to think about careers in the field it says has been mostly male-dominated.

Roughly 600 sixth graders from schools across the city put on lab coats and safety glasses for some hands-on science learning — everything from experimenting with chemicals to building paper bridges in a program called Choices.

"Young women are used to seeing other women as nurses and teachers (when thinking about careers)," said Gail Powley, an engineer and a vice-chair for the group called Women in Scholarship, Engineering, Science and Technology.

"The more (the girls) are exposed to other careers, and see women in those careers, they can identify with them. They can become engineers and scientists."

Under the program, the

JEFF CUMMINGS/METRO EDMONTON



Nicole Phillipoff, 11, is ready to test her dry-ice solution during yesterday's science expo dedicated to encouraging young women to get excited about a career in science.

girls were partnered up with 80 university scientists, engineers and science students who acted as mentors for the girls.

The girls worked with a number of salt solutions to find out how to add colour to a burning flame, a special effect seen in the Harry

Potter movies.

The group also worked with frozen ice and other chemicals to learn about chemistry.

"This is pretty cool," said 11-year-old Nicole Phillipoff while working with a dry-ice solution. "Science is different, but

it's really fun."

Powley said careers in science are worthwhile for any young person.

"Women add a different dynamic to science, they care a lot about the environment and they care a lot about people," said Powley.

**metronews.ca**

WHAT'S ONLINE TODAY

**Video** Sovereignists claim victory after Ottawa cancels Plains of Abraham re-enactment at metronews.ca/canada



**Video** Harper confident that General Motors will stay in Canada at metronews.ca/canada

## Fire halts LRT service at Belvedere Station

**JEFF CUMMINGS**  
jeff.cummings@metronews.ca

**TRANSIT** Some who used the LRT to get to work yesterday morning may have been late as an industrial blaze halted service for about an hour near the Belvedere Station.

Edmonton Fire Rescue Services said a fire in an in-

dustrial area on 134 Avenue — adjacent to the LRT track — broke out inside a portable wood-framed shelter sometime around 6:15 a.m.

As a safety precaution, firefighters ordered Epcor to shut down the overhead lines of the LRT as the blaze came into contact with the track in the city's north end, said fire rescue

spokeswoman Melanie Mochoruk.

No one was hurt in the blaze, but damages have been tallied at \$260,000, said Mochoruk.

Fire officials said a portable heater sparked the blaze that completely engulfed the temporary shelter that was used to house a construction crane.

Patricia Dixon, a spokeswoman with Edmonton Transit, said LRT services were halted for an hour, but shuttle bus services were provided for riders between Clairview and Belvedere Stations.

Dixon said buses were running in between stations every five minutes during the morning commute.

### Epcor seeking water sniffers

**VICTORIA HANDYSIDES**  
victoria.handysides@metronews.ca

**AESTHETICS** Epcor is looking for nosey Edmontonians who are concerned about stinky drinking water.

Every spring, a call is put out for volunteers to rate the aqua flowing from their taps. A move officials say is necessary, as spring runoff into the North Saskatchewan River can make tap water a foul-smelling substance.

"It's related mainly to the aesthetic quality of the water, not to health quality of the water," said Epcor quality control manager Steve Craik.

As the world begins to thaw, decaying vegetation trapped underneath snow falls into the river, giving drinking water a musty, earthy smell, Craik said.

"It can be quite unpleasant."

The power company is looking for 150 volunteers to test their tap water twice a day, for two months.

Testers will note the smell and taste of hot and cold water, then record their findings.

In 2007, water odour quality was rated at 91.5 per cent satisfaction, and at 92.6 per cent in 2008. Officials hope to reach 93.4 per cent.

The program runs from March 2 to May 1. For more info, call (780) 412-3019.

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In a world first, doctors at the Hospital for Sick Children in Toronto performed an innovative operation using an external artificial lung to keep a pediatric patient alive until new donor lungs were available. **TORSTAR NEWS SERVICE**

# Canada



## RIM settles with U.S. regulator

**BlackBerry maker Research in Motion's top executives settled U.S. regulator claims that they illegally backdated millions of stock options over an eight-year period, the U.S. Securities and Exchange Commission said yesterday. Officials with the Canadian company, including co-CEO James Balsillie, left, did not admit to or deny the SEC's allegations. The company agreed to pay \$1.43 million in fines**

REUTERS

### News in brief

**ATTACK** Another shooting in B.C. left one man dead and another injured in South Vancouver yesterday. Nazreen Dean

said her brothers were watching TV in their home when two men banged on the door looking for someone named Azim.

It's unclear at what point her 19-year-old brother was shot and injured or how one of the two suspects wound up dead

outside. It's believed Dean's other brother was taken away in handcuffs. The second suspect ran away. **METRO CANADA**



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# World

## Khmer Rouge torturer tried for prison deaths

The chief Khmer Rouge torturer went on trial for crimes against humanity yesterday, the first senior Pol Pot cadre to be tried by the "Killing Fields" court three decades after the deaths of 1.7 million Cambodians.

Kaing Guek Eav, alias Duch and ex-commandant of the notorious S-21 prison, did not address the court, but sat impassively as lawyers haggled over procedural matters.

Hundreds of victims, including saffron-robed Buddhist monks who were persecuted during the 1975-79 Khmer Rouge era, packed the public gallery, reacting



with anger and relief at the sight of 66-year-old Duch in the dock.

"This is the day we have waited for for 30 years," said Vann Nath, 63, one of a handful of survivors from S-21 where at least 14,000 "enemies of the revolution" were tortured and killed.

This week's hearings will lay the groundwork for a full-blown trial in March, when Duch and survivors are expected to testify.

REUTERS

Duch, now a born-again Christian, has expressed remorse before facing the joint Cambodian-UN tribunal, set up to prosecute those responsible for one of the darkest chapters of the 20th century.

Duch also faces charges of war crimes, torture and homicide while chief of S-21, where victims were forced to confess to crimes and then shot or beaten to death in the "Killing Fields" outside the capital.

Only 12 survived, according to the U.S.-funded Documentation Center of Cambodia, which has researched the Khmer Rouge era.

REUTERS

### Brazil Underwear Day



Brazilian models dance at a bus station during the third edition of "Brazilian Underwear Day" in Brasilia yesterday. The day is inspired by a similar event which has taken place at Times Square in New York City since 2003.

### News in brief

**CONNECTICUT** Police shot and killed a 200-pound chimpanzee that had once starred in television commercials after the ape nearly killed its owner's friend and attacked a police cruiser on Monday.

**RACISM** The return of the United States to UN talks on racism could prove pivotal to salvaging

an international conference plagued by charges of Israel-bashing, human rights activists said yesterday.

**SPAIN** A Spanish soldier and his Russian girlfriend were arrested yesterday for posting videos on the Internet calling for Islamist attacks in Spain, police said.

REUTERS

### Obama signs stimulus into law

**WASHINGTON** U.S. President Barack Obama signed a \$787-billion US economic stimulus bill into law yesterday as global markets plunged on fears that the recession would deepen. Obama was expected to lay out a strategy today to stem home foreclosures and address the U.S. housing crisis.

REUTERS

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# Comment & Views

## Comment

## Equalization for uncertain times

## No Borders

**Deborah Coyne**



dmc coyne@rogers.com

How many times must Premier Danny Williams verbally explode about "equalization" before the Harper government abandons its hyper-partisan approach to serious matters of national interest? Equalization is a

very serious matter, which, together with other federal-provincial transfers for health, education and social services, plays a critical role in promoting equality of opportunity and comparable levels of services across Canada. This commitment defines a great nation.

Regrettably we can no longer measure how well the myriad of federal contributions to the provinces, including equalization, helps to ensure comparable public services across Canada. No amount of tinkering with the arcane equalization formula will fix this

fundamental problem, especially since too many other federal programs incorporate confusing equalizing elements that exacerbate inequities among Canadians. The best example is Employment Insurance, which is structured to benefit the unemployed who live in weaker areas of the country.

There is urgent need to bring coherence, consistency and accountability to the jumble of federal contributions to provinces, especially with Ontario qualifying for equalization. Unfortunately the Harper government has no interest in pro-

moting comparable public services — the recent manifestation of this being the elimination of all federal funds for child care operations. Harper's seemingly real agenda is to downsize the national government, download responsibilities and fiscal room, permanently eliminating Ottawa's ability to pursue national standards and objectives in most public services and programs. With every month in power, Harper draws closer to achieving his goal.

Harper's signature step — the GST cut — reducing na-

tional revenue by \$60 billion over five years, was a bad step in the best of times, universally condemned by economists, and now cripples the national government's ability to respond in this, the worst of times. Yet Harper refuses to reconsider.

Opposition parties must directly challenge this agenda. Explain to Canadians why we must stop weakening the fiscal position of the federal government — taking care not to turn national politics into a complex and excruciatingly boring accounting problem. Propose the establishment of a per-

manent non-partisan advisory commission to make the system of federal contributions to provinces more transparent and subject to public scrutiny. And ensure that, through the commission, decisions relating to federal-provincial fiscal relations are based on intelligent debate and reflect longer-term national objectives to build stronger ties among Canadians rather than weakening them.

Deborah Coyne ran as a Liberal candidate in the 2006 federal election and is a public policy consultant who runs canadianswithoutborders.blogspot.com

### Word on the street: Do you think U.S. President Barack Obama will usher in a new era of Canada/U.S. relations?

**Scott Book**

age 33,  
Edmonton

A: I think he'll improve relations just because he's well liked.



**Corey Hines**

age 17,  
Edmonton

A: I think Barack Obama would improve it because he seems like a nice guy.



**Jeff Henderson**

age 27, Calgary

A: I do think the U.S./Canada relations will improve. I would imagine they're probably going to focus on the oil-sands first.



**Amir Zuccolo**

age 32, Calgary

A: If we can get rid of Stephen Harper then they will improve.



**Leslie Philmore**

age 36, Halifax

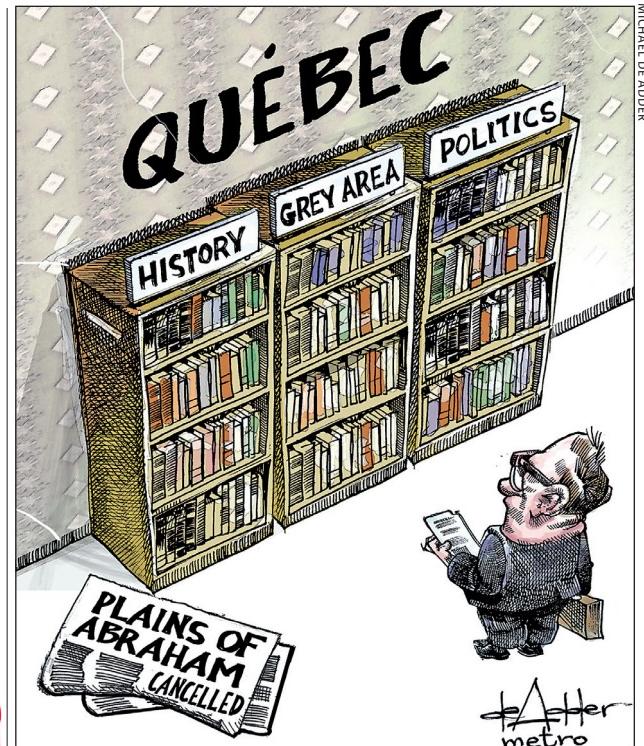
A: It depends on the Canadian government's response to him. I think his election makes Canadians think they can elect someone like Ignatief.



**Karen Faris**

age 43, Ottawa visitor from Rochester, N.Y.

A: I think he'll reach out and try to make things better. His intent is inclusiveness.



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**Trump casino unit files for bankruptcy**

Trump Entertainment Resorts Inc., the casino operator of the Trump Taj Mahal, Trump Plaza and Trump Marina that's named for Donald Trump, filed for bankruptcy protection yesterday as the recession and declining gambling revenues took its toll. **REUTERS**

# Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## Obama plan worries oilsands producers

**Canada's oilsands industry, battered by collapsing oil prices, also faces the prospect of ballooning costs as the United States and Canada prepare to discuss energy security and efforts to fight global warming.**

When U.S. President Barack Obama visits Ottawa Thursday, energy will be a key topic in his talks with Prime Minister Stephen Harper, who often touts Canada as an emerging energy superpower due to its massive oilsands resources.

Oilsands producers worry that Obama's plan for a cap-and-trade system to reduce emissions of greenhouse gasses could make their operations too costly with buy-

### Viewpoints

- The White House has so far been mum on what official stance the president will take on oilsands.
- The Council for Foreign Relations said the issue will test "how the adminis-
- tration balances energy security and climate change."
- The Canadian Association of Petroleum Markets said "the real key for us is to set a framework."

### Obama's Visit

ing and selling permits — especially at current depressed oil prices. Harper also has voiced support for a cap-and-trade system.

Environmental groups call the oilsands "dirty oil"

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For more information, visit [www.edmonton.ca/census](http://www.edmonton.ca/census) or call 780-496-8008.

Applications are available on the website or at the Election and Census Office (16304-114 Avenue) or at the Office of the City Clerk (third floor, City Hall). Office hours are 8 a.m. to 4:30 p.m., Monday to Friday.

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Struggling veteran forward Alex Kovalev has been given some time off by the Montreal Canadiens. General manager Bob Gainey said yesterday he met with Kovalev to tell him he won't go on the team's trip this week for games tonight in Washington and tomorrow in Pittsburgh. METRO NEWS SERVICES

# Sports



**"I knew we weren't taking Tic Tacs ... I didn't think they were steroids."**

Alex Rodriguez at a Yankees news conference yesterday, discussing how his cousin introduced him to the performance-enhancing drug "boli" in 2001, saying it was an over-the-counter substance in the Dominican Republic. Rodriguez blamed his use of the drug on being young and naive.

METRO NEWS SERVICES

EDITOR: JOHN.CHICK@METRONEWS.CA



For more sports coverage, visit us online at [www.metronews.ca/sports](http://www.metronews.ca/sports)

**A**ll through history the great religions have spoken to the return of a future Teacher. The Christians hope for the return of the Christ, the Buddhists look for the coming of a new Buddha, while the Muslims await the Imam Madhi, the Hindus a reincarnation of Krishna and the Jews the Messiah. How will we know Him? Surely He will ring our hearts with a message of sharing, justice and brotherhood. How can we prepare the way for Him? Each day brings opportunities, large and small, to act in favor of unity and justice. Our willingness to share will make a real difference in our world.

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## Jesse's an Eskie

The Edmonton Eskimos announced yesterday that coveted free-agent running back Jesse Lumsden has agreed to terms on a one-year contract with an option.

Widely considered one of the CFL's top young stars and a premier Canadian running back, the Edmonton-born Lumsden played his first four pro seasons with Hamilton.

"Jesse Lumsden is the complete package — he's got the ability to run tackle to tackle with power

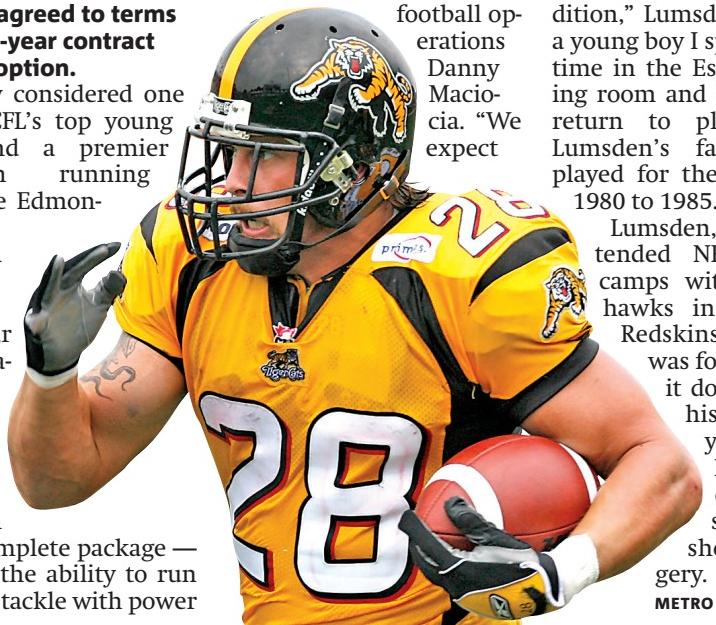
and challenge you with his speed and strength," said Eskimo general manager and director of football operations Danny Maciocia. "We expect

he'll make a big impact on our offence."

"I'm very excited to join a team with a winning tradition," Lumsden said. "As a young boy I spent a lot of time in the Eskimo dressing room and it's great to return to play (here)." Lumsden's father, Neil, played for the Esks from 1980 to 1985.

Lumsden, 26, who attended NFL training camps with the Seahawks in 2005 and Redskins in 2006, was forced to shut it down early in his last two years with Hamilton due to season-ending shoulder surgery.

METRO NEWS SERVICES



Oilers Find their way to San Jose



ROBERT GOLDBARTH/REUTERS

Zack Stortini celebrates his first-period goal against the Sharks last night. For a full game recap, visit [metronews.ca/sports](http://metronews.ca/sports).

### SCOREBOARD

#### NHL

##### YESTERDAY'S RESULTS

Buffalo 4 Toronto 1  
Boston 5 Carolina 1  
Chicago 5 Tampa Bay 3  
Florida 4 New Jersey 0  
Vancouver at Calgary  
Ottawa at Colorado  
**EDMONTON** at San Jose  
**TONIGHT'S GAMES**  
N.Y. Islanders at N.Y. Rangers  
St. Louis at Columbus  
Montreal at Washington

#### Nashville at Detroit

#### Los Angeles at Anaheim

#### NBA

##### YESTERDAY'S RESULTS

Phoenix 140 L.A. Clippers 100  
Houston 114 New Jersey 88  
Indiana 100 Philadelphia 91  
Milwaukee 92 Detroit 86  
New Orleans 100 Oklahoma City 98  
New York 112 San Antonio 107 (OT)  
Orlando 107 Charlotte 102 (OT)  
Washington 111 Minnesota 103  
Memphis at Utah

#### Atlanta at L.A. Lakers

#### TONIGHT'S GAMES

Cleveland at Toronto  
Denver at Philadelphia  
Indiana at Charlotte  
Minnesota at Miami  
Chicago at Milwaukee  
Orlando at New Orleans  
New Jersey at Dallas  
Atlanta at Sacramento  
Memphis at Portland  
Phoenix at L.A. Clippers  
L.A. Lakers at Golden State

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**New Golf unveiled**

Volkswagen debuted the new 2010 Golf at the Canadian International Auto Show (CIAS) last week in Toronto.

The sixth generation compact hatchback was presented for the first time in North America in a five-door 2.0 litre TDI Diesel version.

One of the world's most popular vehicles ever, the Golf has sold over 26 million units since its introduction in Europe in 1974. Volkswagen also announced that nearly 400,000 Rabbits, Golfs, and GTIs have been sold in Canada since the introduction of the first generation in 1975.

The Golf's redesign team, headed by the Volkswagen Group's chief designer, Walter de Silva, with Klaus Bischoff and Flavio Manzoni, has succeeded in giving the Golf a presence, sharpness, and a power that generates even more fun.

All key body elements were redesigned, and the Golf has a sportier and more distinctive image.

In front, the new car adopts the radiator grille of the first generation Golf



The 2010 Volkswagen Golf made its North American debut at the Canadian International Auto Show in Toronto last week.

such as brushed chrome accents and round instruments derived directly from the Passat CC, and well-thought ergonomic properties with controls that are easier to use all contribute to a highly functional and pleasant experience.

METRO NEWS SERVICES

**AutoPilot**  
**Mike Goetz**  
Read at metronews.ca

that is horizontally aligned between the headlights. The lines of the bumper match those of the radiator grille, and beneath this is a section with another air scoop.

The rear is characterized by a predominance of horizontal lines. The taillights — now very wide — are marked among other things by an unmistakably unique night design, and bear a resemblance to the taillights of the Touareg TDI Clean Diesel.

The interior is also newly designed, especially in the cockpit area. The appearance and layout of the materials, including details

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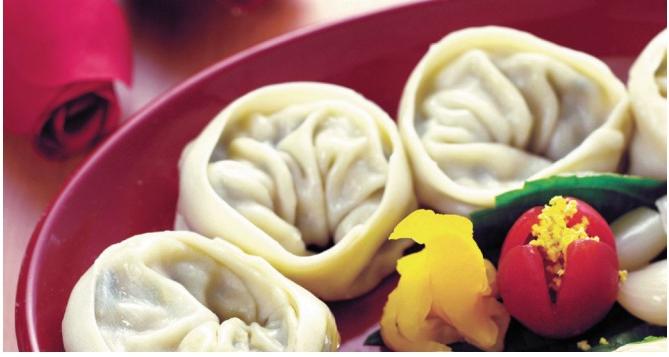
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Trafalgar Tours has extended the booking period for its Buy One, Get One Free airfare deal with British Airways to March 31. The promotion covers travel from a variety of Canadian cities to many European gateways; see [trafalgartours.ca](http://trafalgartours.ca) for details. **METRO NEWS SERVICES**

# Travel



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## 'Recession chic' is the travel industry's new buzz phrase

### Riding the Recession

**Hedonism is out in the travel business and "recession chic" is in, according to experts at a recent travel show in New York where customers were looking for bargains to brighten the gloom.**

"People are being more value conscious, but just as important, they're being more conscious of their values, and what that means is that they're looking for experiences that speak to their heart," said Daniel Levine, a trend spotter at the Avant-Guide Institute who analyzes social trends.

Levine says as Americans

see their savings dwindle and the economy crumbling around them, they are focusing on what is most important — friends, family, health or the environment — and taking that into account in planning vacations. "It's not about hedonism any more," Levine said at the New

York Times Travel Show in Manhattan. "Destinations that are just offering experiences that speak to their heart," said Daniel Levine, a trend spotter at the Avant-Guide Institute who analyzes social trends.

"Destinations that are just offering experiences that speak to their heart," said Daniel Levine, a trend spotter at the Avant-Guide Institute who analyzes social trends.

ed to a program set up by Ritz-Carlton hotels called Give Back Getaways, which gives guests at its luxury hotels an opportunity to spend half a day volunteering in the community where they are visiting.

Lydia Dean founded a company called GoPhilanthropic two years ago to design customized, high-end vacations that incorporate support for social and conservation projects in

places such as Vietnam, India and Central America.

"In Vietnam, they're given an opportunity to purchase and donate a portable mobile library to a village

**"They will give up that Starbucks coffee every day as opposed to giving up that trip."**

Levine says as Americans

see their savings dwindle and the economy crumbling around them, they are focusing on what is most important — friends, family, health or the environment — and taking that into account in planning vacations. "It's not about hedonism any more," Levine said at the New

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that has no books," Dean said. "They get to deliver their book box, spend the afternoon with the children and really get to meet them."

Jeff Duford, sales manager for G.A.P. Adventures which offers "responsible and sustainable" adventure travel in more than 100 countries, said there had been steady growth in the market for five years.

He said the kind of traveler who visits a developing country with G.A.P. was one who considered such travel a central part of their lifestyle, and was determined to go even in hard economic times.

"They will give up that Starbucks coffee every day as opposed to giving up that trip."

One company seeking to ease the pain at a time of rising unemployment is Intrepid, an adventure travel firm that has come up with a special offer called Laid

Off, Take Off, a 15 per cent discount for the newly unemployed. The company's web site urges people to

take advantage of a bad situation, saying: "When the going gets tough, the tough get travelling." **REUTERS**

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Kristy Swanson and Lloyd Eisler, who tied the knot this month, threw another party over the weekend — son Magnus' two-year-old birthday bash. Guests gathered Sunday in L.A. for cupcakes and entertainment by The Jumpitz. **PEOPLE.COM**

# Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

## Entertainment in brief

**MOVIES** Whether it's the recession, the age of Obama or the fact a hopeful movie is favoured to win best film at Sunday's Oscars, it's clear that change has come to Hollywood. Movie fans and critics have escaped the gloomy economy by seeking out Academy Award front-run-

ner Slumdog Millionaire, a rags-to-riches romance about a poor, young Indian man on an odds-defying quest on a television game show. Slumdog follows two straight years of dark crime dramas — No Country for Old Men and The Departed — winning the world's top film

honor, the Oscar, for best motion picture. Party planners and caterers say plans for Oscar festivities have slowed ahead of the Oscar show. Celebrity gift-getting suites are open for business but organizers say giving back seems to be more of a priority among the stars. **REUTERS**

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## Location, location

Cameron Diaz and British model Paul Sculfor are reportedly scouring the English countryside for the perfect place to tie the knot according to [femalefirst.co.uk](http://femalefirst.co.uk).

METRO NEWS SERVICES

## Oscar's big blunders

**PHIL BROWN**  
for Metro Canada

**Like it or not the Oscars are coming on Sunday. The annual event might give Hollywood's biggest stars a chance to wear expensive clothing, but the awards should never be taken seriously as an accurate representation of the best films in any year.**

The Academy is a very political beast and the decisions are rarely made for artistic merit. With that in mind, we present a list of Oscar's biggest blunders to help you curb your expectations for Sunday's extravaganza.

**NO LOVE FOR HITCHCOCK OR KUBRICK:** Stanley Kubrick and Alfred Hitchcock are universally regarded as two of the finest directors of all time, but not according to the Academy. Neither auteur took home a best director statue during their illustrious careers. The only time they were honoured was when Hitchcock got an apologetic career achievement award and Kubrick picked up a special effects statue for 2001. Mel Gibson does have a best director Oscar though. Apparently he's way better than those guys.

**CITIZEN KANE IGNORED:** Orson Welles' masterful debut is routinely labelled "the greatest film ever made," but it got snubbed on Oscar night in 1941. The Academy decided to honour John Ford's forgettable How Green Was My Valley instead. Welles went



Alfred Hitchcock is regarded as one of the finest directors of all time, but he never took home the Oscar for best director.

### The 81<sup>st</sup> Annual Academy Awards

on to become a legend, but was never even nominated for a little gold dude again.

**SCORSESE'S SNUB STREAK:** Martin Scorsese may have finally gotten an Oscar for The Departed, but it was only after all of his best work was ignored. Scorsese had to see Taxi Driver lose best picture to Rocky and lose best director to Robert Redford and Kevin Costner before he finally got any recognition. The Academy is lucky that guy even showed up in 2007.



**ART CARNEY'S BEST ACTOR WIN:** Art Carney won the 1974 best actor statue for a movie in which he travelled the country with his

cat. Now, that decision is offensive enough on its own, but it's even worse when you consider that he beat out Al Pacino for The Godfather Part II, Jack Nicholson for Chinatown, and Dustin Hoffman for Lenny. Those are three of the best actors of their generation giving three of their greatest performances. If he'd beaten even one of them it would have been a travesty. The fact that he beat them all is a tragedy.

**FORREST GUMP BEATS PULP FICTION:** In 1994 this decision seemed to make sense. Today, Pulp Fiction posters still fill dorm room walls and the only time Forrest Gump comes up is when the title is used as a punchline for a joke about the worst representation of the mentally handicapped onscreen. Smooth move Academy.

**SOUL**  
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**Timberlake and Biel moving to the city**

Looks like Justin Timberlake and girlfriend Jessica Biel will be full-time residents of New York City soon. The pair, who were spotted apartment-hunting back in September, have reportedly settled on a lovely \$2.9-million US Chelsea duplex, according to Us Weekly. **METRO NEWS SERVICES**

## Lost and Idol do TV battle Wednesday

**The Fox network is shaking up Wednesday night by swapping reality hit American Idol and the new police procedural Lie to Me.**

Once the singing competition moves into the finals March 11, Fox will pivot Idol to 9 p.m. EST, turning its ratings Death Star against ABC's Lost for the rest of season.

The Tim Roth-starring Lie to Me will stay out of the way by shifting to 8 p.m.

Though Idol and Lost tend to have different audiences, last week Fox aired a two-hour Idol that stretched into the 9 p.m. hour and seemed to take a little steam out of the mystery thriller, whose ratings have fallen with each episode this season.

For Lie, the move is a mixed blessing. The drama won't have nearly as much competition at 8 p.m. Wednesday, but it won't have Idol for a lead-in either.

This is the first time in two years that Lost has faced Idol.

REUTERS

## GlobalStyle

### Kenya Hunt

Read the latest fashion news, including New York Fashion Week highlights, at [metronews.ca/globalstyle](http://metronews.ca/globalstyle)

## Entertainment in brief

**TELEVISION** AMC and Sony have launched online minisodes for the Emmy-winning series *Breaking Bad* to promote the show's upcoming second-season premiere. The

five-minute stand-alone shorts will feature the show's regular cast, and began debuting yesterday on AMC's site and crackle.com. The minisodes are one of three digital extensions for

the drama, which returns March 8.

**NEWS** Longtime ABC News correspondent Sam Donaldson is easing quietly into part-time

work. The 74-year-old journalist, who was the network's chief White House correspondent from 1977 to 1989, is leaving full-time work later this month. Donaldson, who says

he's not retiring but "cutting back," told the Washington Post that he didn't ask for a new contract when his last one was due for renewal late last year.

REUTERS

ID	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
2	CFRN	239	318	etalk	Hollywood	CSI: NY (HDTV) (N)	American Idol (HDTV)	Criminal Minds (HDTV)	News (N)			
3	KHQ	-	370	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Knight Rider (HDTV)	Life "I Heart Mom" (N)	Law & Order		
4	CBXT	-	307	Coronation St.	Jeopardy! (N)	The Week the Women Went		Being Erica (N) (DVS)	CBC News: The National	The Hour		
6	KREM	-	372	News (N)	Hollywood	The Doctors		Old Christine	Gary Unmarr	Criminal Minds (N)	CSI: NY	
7	CKEM	241	347	Law & Order: SVU		13: Fear Is Real "Alone"		Hates Chris	Friends	I Love Money	Your City	
8	CITV	240	339	ET Canada	Entertainment	(8:02) Life on Mars		Lie to Me "Love Always"		Bones (HDTV PA) (N)	News Hour	
11	OMNI	-	-	Two/Half Men	The Simpsons	News		News		The Simpsons King	Metropia	
12	CBXFT	119	705	Virginie (SC)	L'Épicerie	Le Match des étoiles (N) (SC)		Les Invincibles (N) (SC)		Le Téléjournal et Les Nou	TJ Alberta	
13	KXLY	-	371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Lost (HDTV)		Lost "316" (N)	Life on Mars	
16	KAYU	-	373	The Simpsons	Raymond	Two-Half Men	Two-Half Men	American Idol (HDTV)	Lie to Me "Love Always"	News (N)		
19	CHTV	-	-	The Insider (N)	E! News	True Hollywood Story		Knight Rider (HDTV) (N)	Party Monsters: Cabo (N)	News (N)		
22	KSPS	-	374	NewsHour With Jim Lehrer	Monarchy: The Royal Family			American Masters (HDTV) (N)		Fred-The Guy		
24	WTVS	-	364	American Masters (HDTV) (N)				Keeping Up	Being Served	Tavis Smiley	Charlie Rose (N)	
15	CBCN	502	-	CBC News: The National		Animal Takeover (N)		CBC News: The National		CBC News: The National	Takeover	
21	TWN	505	398	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
27	CNN	500	500	Larry King Live		Anderson Cooper 360 (HDTV)			Larry King Live		Cooper 360	
54	CTVN	501	391	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News	
70	BNN	504	508	Squeeze Play	Market Call		Headline	Market Call	Commodities	Business News	Squeeze Play	
20	TSN	400	400	NHL Hockey		SportsCentre (HDTV) (Live)		Off the Record	Winter X Games (HDTV)		Winter X	
23	net	408	418	WHL Hockey	Saskatoon Blades at Calgary Hitmen. (Live)					Sportsnet Connected	Ult. Fighter	
47	SPEED	417	406	Pinks (HDTV)	Pinks (HDTV)	Drag Race	Wrecked	Pimp My Ride	Pass Time	Pinks Outtakes	Pinks Outtakes	Pinks (HDTV)
94	SCORE	410	403	Poker Million Pound Challenge.		Score Tonight		Hardcore Hockey Talk		Final Score	Final Score	Final Score
9	EDACC	267	351	Truth, Duty, Valour		Law & Order "Rapture"		Lost (HDTV)		Lost "316" (N)		Truth, Duty
14	YTV	552	543	Drake & Josh	iCarly	Prank Patrol	Prank Patrol	Malcolm-Mid.	Futurama	Adrenaline Proj	Prank Patrol	Falcon Beach
17	TREE	553	546	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Max & Ruby	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
42	TOON	555	545	Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken
45	FAM	557	541	Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
-	TVA	121	714	TVA 18 heures	Le Cercle (SC)	Poule-oeufs or	Star Académie:	Destinées (HDTV) (N) (SC)	Dommages et intérêts (SC)			TVA 22 heures
18	CMT	575	583	Reba	Reba	Hope & Faith	Hope & Faith	Three Chords	Tara Diaries	Home Improve.	Home Improve.	Reba
25	A&E	615	520	Bounty Hunter	Bounty Hunter	Bounty Hunter	Exterminators	Exterminators	Exterminators	Bounty Hunter	Bounty Hunter	Bounty Hunter
26	MMM	571	581	All-Time Top Ten (N)		Confessions of a Teen Idol		Revival	Back In	Party of Five		Listed
29	FOOD	603	561	Iron Chef America		Top Chef (Part 1 of 2) Final challenges.		Dinner Imposs.	Challenge Sandwiches.	Iron Chef Am.		
31	SHOW	617	522	Wife Swap		The Outer Limits		About a Girl	About a Girl	The Guard (HDTV)		Big Love
32	DISC	520	505	Deadliest Catch		Mayday "Ghost Plane"		Daily Planet		MythBusters		Austin Stevens
33	SLICE	601	562	Real Housewives of OC		Kimora: Fab	Kardashians	ET Canada	Matchmaker	Chop Shop	Mr. Friday	Trading Sp
34	W	602	567	Style by Jury	Style by Jury	Will & Grace	Friends	Grocery	Grocery	How Clean	How Clean	Maxed Out (N)
35	TLC	521	560	Incredibly Small		Mystery Diagnosis		My Shocking Story		Incredibly Small		Mystery Diag.
36	BRAVO	622	523	Wingfield	Wingfield	Death at-Opera	Broadway	Law & Order		Without a Trace		Beautiful Ppl
38	SPIKE	628	584	UFC's Ultimate Fight Night				Ways to Die	EA Gillette	CSI: NY "On the Job"		Disorderly
40	HIST	522	506	Museum Mysteries-World		NCIS "The Curse"		Lost Inventions		Cities of the Underworld		Dig for Truth
41	COM	626	547	Laughs	Comedy Now	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	Jon Dore Show
43	SPACE	627	528	Star Trek: Voyager		Rabbit Fall	Rabbit Fall	Stargate SG-1		Star Trek: Next Gener.		Trek: Voyager
44	WPCH	294	650	Hand That Rocks the Cradle		Seinfeld	Family Guy	Family Guy	(9:45) The Hand That Rocks the Cradle *** (1992)			
46	OLN	411	457	Mantracker	Mantracker	Bounty Hunter	Bounty Hunter	Survivorman	Mantracker	Mantracker		Bounty Hunter
48	TROP	619	525	What Happen? What Happen?		Reality	Ad Persuasion	Family Guy	Seinfeld	Seinfeld	Raymond	Family Guy
50	STAR	621	527	Blush: Make-Up Artist		The Tonight Show-Jay Leno		TMZ	etalk	The View (HDTV)		Fashionista
52	HGTV	600	564	Property Virgin	Unsellable	Hid Potential	Really Big Flip	Holmes on Homes		Property Virgin	Unsellable	Mansions
65	TLN	700	800	(6) Linea di Confine (Italian)		Raymond	Raymond	George Lopez	George Lopez	The Sopranos (SS)		David Rocco
92	APTN	269	350	APTN National News: Contact		Reel Insights		Canadian Geographic		Miywayawin	Guides	Wings-Canada
93	VISION	261	394	SOUL "Twice" (N)		Tuscan		Pottergeist: The Legacy		Great Scout and Cathouse Thursday		
100	MTV	581	566	The Real World		The Real World (N)		MTV Live	After	From G's to Gents		Real World
101	MM	570	580	T.I.'s Road to Redemption		Video on Trial	Video on Trial	PunchMUCH		America's Best Dance Crew		MuchTopTens
102	CPAC	512	396	Border		Podium	Tete a Tete	Primetime Politics		Border		Podium
103	VIVA	526	507	Medium		Mediums	Psychic Det.	Mediums	Encounters	Judging Amy		Medium
106	RDI	126	730	Le Téléjournal (SC)	RDI en direct	Le National	Le National	Le Journal RDI	Le National	Le Journal RDI	Le National	Le Téléjournal

## critics' corner

### Corner Gas

"Mandelbaum! Mandelbaum!" Oops, sorry, that was "Seinfeld." But "Physical Credit" may put you in mind of the time an elderly fitness trainer went to work on Jerry. In this case, it's Oscar (Eric Peterson), who makes Davis (Lorne Cardinal) his fitness protege. Wanda (Nancy Robertson) is miffed when Hank (Fred Ewanick) is approved for a credit card she can't get. Brent and Lacey (Brent Butt, Gabrielle Miller) compete over a secret. 12:30 PM on COM



### Knight Rider

They say you can't go home again, and that's especially true if by "home" you mean "old bar you used to hang out at when you were younger." Mike (Justin Bruening) decides to visit one of his old haunts, Sonny's Bar, and finds it's changed for the worse. It seems Sonny was killed in a car accident, and his daughter (Alona Tal) is now running the place. Mike offers to help out in order to return it to its former glory, but someone's got other plans. 9 PM on KHQ

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## Celebrity Buzz

# Madonna brainwashing my son: Model's mother

**PEOPLE** Not only is Madonna, 50, old enough to be boy-toy Jesus Luz's mother, she's old enough to be the 22-year-old's grandmother, wonderwall.com reports.

The New York Post reports that Luz already has a grandma, and she is around 50 years old, too. Meanwhile, Luz's mom, Cristiane Regina da Silva, a hairdresser in Brazil, is apparently 14 years younger than Madonna and believes the pop icon has kidnapped

and brainwashed her son. Luz's whole family (and trail of ex-girlfriends) back in



Brazil are apparently upset he spent Christmas in the Maldives with Madge, and the Brazilian media are claiming that her PR people confiscated his cellphone. Apparently the Luz clan, all devout Christians, are worried that Jesus will be lured into Kabbalah. He's already dropped the 40 Graus Modelos modeling agency back in his homeland to join Ford Models in New York, if that's any indication of his burgeoning commitment to Madonna, the website adds.

METRO NEWS SERVICES

## Leave Jessica alone: Jennifer

**PEOPLE** Jennifer Love Hewitt wishes people would stop debating Jessica Simpson's weight, usmagazine.com reports.

"I wish they would leave her alone," she said.

Her message to Simpson? "Ignore it, live your life and be happy."

Hewitt — who was famously mocked in 2007 when photos surfaced of her curvy figure in a bikini — told Us she is tired of the "unreasonable" Hollywood standards when it comes to weight.

"We're all supposed to look how we're supposed to look. We're made to be different people."

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NEWS  
SERVICES

## Lindsay talks Big Macs and weight rumours

**PEOPLE** Lindsay Lohan insists she loves Big Macs, femalefirst.co.uk reports.

The actress has sparked concerns for her health after being pictured with an increasingly skinny frame, but has blamed her slim physique on her hectic work schedule.

"I eat. I had my Big Mac yesterday from McDonald's. I eat just as much as I always have," the website quotes her as saying. "I think I've just been working a lot. It's just down to stress and lack of sleep when I travel. I think it's all that stuff that adds up."

The 22-

year-old star won't listen to criticism about her weight, adding she doesn't want to be pressured into looking a certain way.

"I'm my own person, and people can say whatever they want. I'm still going to be the person that I am, and I think that's so important for people in Hollywood."

Lohan added she only cares about being happy and has learned to accept herself the way she is: "I think that I don't ever want to pretend to be something that I'm not. I'm not perfect, nobody is perfect."

METRO NEWS  
SERVICES

## No romance, Katy says

**RUMOUR** Katy Perry has denied that she is seeing Benji Madden, femalefirst.co.uk reports.

The singer sparked rumours she was dating the Good Charlotte rocker when they were spotted enjoying a cozy evening in Las Vegas on Valentine's Day, but she insists they are just friends.

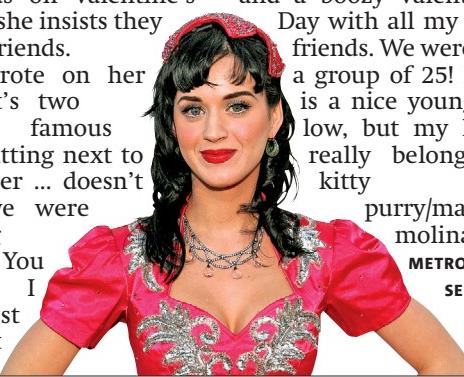
She wrote on her blog: "It's two pseudo famous people sitting next to each other ... doesn't mean we were bumping uglies. You know I don't just do that

with anyone."

The 24-year-old singer explained she was celebrating the romantic day with a group of friends.

Admitting she only has time for her pet cat, she wrote: "I was there celebrating a really fun show and a boozy Valentine's Day with all my good friends. We were like a group of 25! Benji is a nice young fellow, but my heart really belongs to kitty

purry/markus molinari.

METRO NEWS  
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## Motherhood a time-thief: Julia

**FAMILY** As a full-time stay-at-home mom for the past year, Julia Roberts says life outside the Hollywood spotlight has been anything but uneventful — thanks to her three kids with husband Danny Moder, people.com reports.

"Danny and I talk about, 'What did we do with all the time we must have had?'" she tells Allure in its March issue. "Because you don't recognize it as such, until you have all these little ...

time thieves running around your house."

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## Josh and Fergie on honeymoon No. 2?

**MARRIAGE** Less than one month after their tropical getaway to the Maldives, Josh Duhamel and Fergie jetted off to the Mayan Riviera in Mexico for another romantic vacation last weekend, this time to attend the wedding of a friend, people.com reports.

As if on a second honeymoon, a source said the couple enjoyed "lots of outdoor activities, including sunbathing, snorkeling, visiting the lowland rainforest and several historic Maya sites."

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## Jen and John's V-Day trip

**RELATIONSHIP** Jennifer Aniston and John Mayer celebrated Valentine's Day with a trip to the Bahamas, usmagazine.com reports. The vacation was a present from Mayer, x17online.com reports.

The two left aboard a private jet from Los Angeles late last Thursday night — a day af-

ter Aniston's 40th birthday — and arrived on the island of Eleuthera the next morning, according to x17.

They stayed in a gated, luxurious home on the north of the island — where Mariah Carey and Nick Cannon wed last year. The trip was short: Both took off Monday in separate private jets from the island's main airport.

METRO NEWS  
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## Klum shrugs off 'fat' comment

**CRITICISM** While taking a break from New York Fashion Week, supermodel Heidi Klum addressed the hubbub over designer Wolfgang Joop calling her fat. "It's a life where everyone can say what

they want to say and everyone can have their opinion — that is his," she said, according to In Touch. "In this business you have to be fit, but I always try to be a good role model and not too thin."

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**Thursday**  
Some clouds  
-2°C / -13°C

**Friday**  
Partly cloudy  
-2°C / -16°C

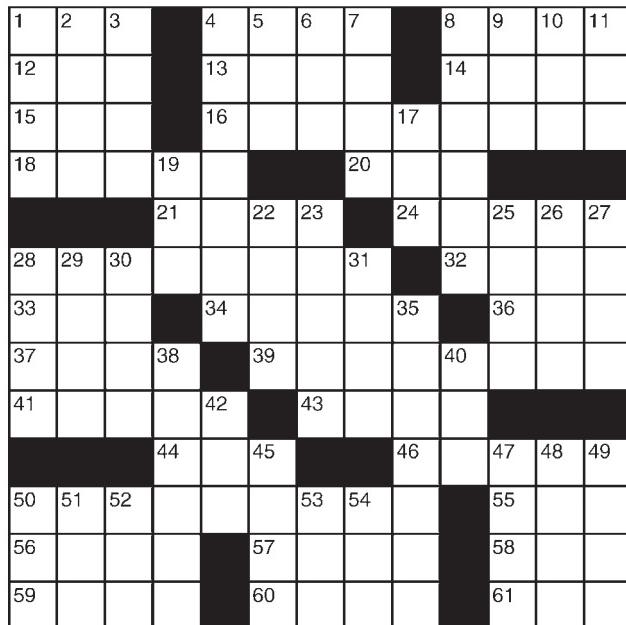


**BT** BREAKFAST TELEVISION

**Michele McDougall, Weather Specialist & Host - Breakfast Television**

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes."

WEEKDAYS AT 6 A.M.

**Crossword across**

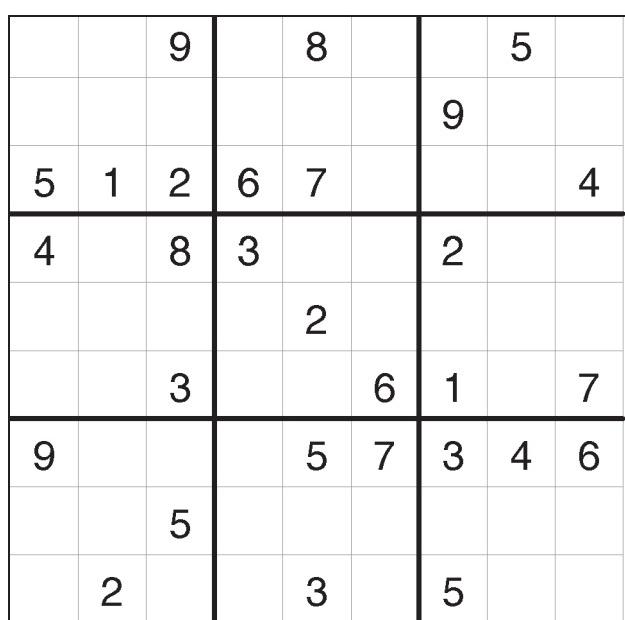
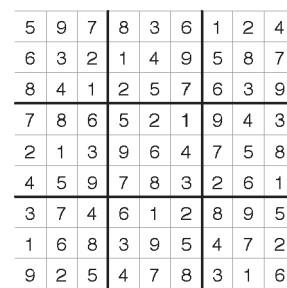
- 1 Lawyers' org.  
4 Bob or Elizabeth  
8 Lather  
12 Pistol  
13 "Metamorphoses" poet  
14 Contemporary coin  
15 "Guinness Book" suffix  
16 Quarantine facility  
18 Filch  
20 Unruly group  
21 Apprehends  
24 Redden  
28 Jesus' home  
32 Birthright barterer  
33 "— Got a Secret"  
34 Knapsack part
- 36 Prior night  
37 Collections  
39 Risked  
41 Baghdad resident  
43 Make (one's way)  
44 Multi-purpose truck  
46 Refuge  
50 Mideast region  
55 Sapporo sash  
56 Culture medium  
57 — and void  
58 Suitable  
59 Info  
60 With skill  
61 Fool

**Crossword down**

- 1 Forever, it seems  
2 Bankrupt  
3 Initial stake  
4 Moolah  
5 Eggs  
6 Claiborne of fashion  
7 Dutch cheese  
8 Weak  
9 No longer chic  
10 Illustrations  
11 Cattle call  
17 Lowe or Morrow  
19 Santa —, Calif.
- 22 "Little Women" woman  
23 Milkshake  
25 Secondhand insert  
26 Rescue  
27 Coloured  
28 Unless (Latin)  
29 State with certainty  
30 Catherine — Jones  
31 Visibility  
35 Magnificent array  
38 Uncool
- 40 Vitamin amt.  
42 "— Impossible"  
45 Italian volcano  
47 Parlor piece  
48 Wading bird  
49 Perches  
50 Wander about  
51 Past  
52 Use a ray-gun  
53 Massage  
54 Under the weather

**Sudoku**

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**

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**SUDOKU SOLVE TIME:**

Under 13 min ..... Genius  
13-17 min ..... Scholar

17-21 min ..... Smart  
21-25 min ..... Not bad  
25+ min ..... Keep practising

**Horoscopes****ARIES**

**MARCH 21-APRIL 20**

**TAURUS**

**APRIL 21-MAY 21**



Someone with a hidden agenda speaks of the future. Don't let your hot-headedness go beyond good taste. A wonderful transformation is coming.

**LIBRA**

**SEPT 23-OCT 23**



Encourage a meddler to be more sincere. A private fantasy will become more exhilarating. An interesting man takes pleasure in your company.

**SCORPIO**

**OCT 24-NOV 22**



Someone's laziness will enrage a female. Teach others to face trouble as it comes up. Someone will love you when they know you better.

**GEMINI**

**JUNE 22-JULY 22**



Concentrate on a business that has good chances. Don't take on any risks. Before leaving a difficult situation, take stock of the benefits.

**SAGITTARIUS**

**NOV 23-DEC 21**



Find time to have fun with the people you love. A chat will clear the air. An untrustworthy person is acting on your behalf.

**CANCER**

**JUNE 22-JULY 22**



A friend leaves an unhappy marriage. Profits gained through unethical dealings melt away. A nitpicker learns from other people's heated reactions.

**CAPRICORN**

**DEC 22-JAN 20**



A woman wants more kindness than you can give. Express your feelings with passion. A surprising shift will take place within your family.

**LEO**

**JULY 23-AUG 23**



Stash your belongings in safe place. You'll be frustrated when you're forced to confront a noisy bore. Show compassion before casting blame.

**AQUARIUS**

**JAN 21-FEB 18**



A friendship develops for very complicated reasons. Hints of your future power in a relationship will come. Someone returns early from a trip.

**VIRGO**

**AUG 24-SEPT 22**



While seeking information, you'll have to give directions. Pretending that you don't care won't work. You'll avoid the mess of impulsive deeds.

**PISCES**

**FEB 19-MARCH 20**



Someone's honour will please you. A disappointment affects your chance to succeed. A dramatic spat shouldn't be allowed to get worse.

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**Take Five****entertainment 15****Metro Recipe of the Day****Fusilli and Meatballs****INGREDIENTS:**

- 1 large onion, chopped
- 2 garlic cloves, minced
- 796-ml can no-salt-added Italian tomatoes
- 796-ml can no-salt-added whole tomatoes in purée
- 1/4 cup (50 ml) chopped fresh basil
- 1 tbsp (15 ml) fresh oregano or 1 tsp (5 ml) dried
- 2 slices firm-textured white bread
- 1 lb (500 g) lean (93%) ground beef
- 1 large egg
- 2 tbsp (25 ml) reduced-fat milk (2%)
- 1/2 tsp (2 ml) salt
- 1/2 tsp (2 ml) black pepper
- 12 oz (375 g) long fusilli

**METHOD:**

1. Coat large pot with non-stick cooking spray and set over medium-high heat. Sauté onion and garlic until soft, about 5 minutes. Transfer 2 tbsp (25 ml) onion mixture to large bowl.
2. Process Italian and whole tomatoes in food processor until fairly smooth. Add to pot. Bring to a boil over medium-high heat. Reduce

**rd.ca**

For nutritional information on this and other great recipes, go to [rd.ca](http://rd.ca) or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



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Forest Lawn Shopping Centre  
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